

## **NATIONAL TEAM TRAINING CENTER**

### **Camp Guidelines**

USA Gymnastics and the Karolyis have worked together since 2000 to build a National Team Training Center that we can be proud of. The successes we have achieved are the result of a combined effort and unselfish dedication of all involved. One of the most critical aspects of our structure is RESPECT: Respect of the Athletes, Respect of the Coaches, and Respect of our Sport. We each strive to present ourselves, our country and our sport at the highest level.

In order to secure our future with these same ideals, we have established Camp Rules. These rules are required for everyone in attendance at any function held at the National Team Training Center.

- Be respectful of each athlete and coach
- Be prompt in following the published schedule
- Wear appropriate gym attire at all times
- Respect the facilities by depositing trash in containers, keeping the dorm rooms and common rooms clean.
- Keep food in closed containers and deposit leftovers in trash containers
- Wash out kitchen utensils that are used in the common rooms
- Excessive use of alcohol is prohibited.
- Loud, disturbing behavior is unacceptable.
- Athletes must respect the curfew as stated on the schedule
- Coaches must respect a decent curfew to be prepared to assume their duties

Anyone who does not conduct themselves according to the guidelines listed will face disciplinary procedures.