



2009 Region 7 Congress

GENERAL INFORMATION

DATE/SITE:

Region 7 October 23 – 25, 2009 Virginia Beach, VA DoubleTree Hotel

PURPOSE OF REGIONAL CONGRESSES:

The purpose of regional congress is to provide education to the teachers, coaches, judges and gymnastics business owners of the region. Education and training enable everyone to effectively and professionally serve in the development of the young gymnasts across the country.

REGION 7 EDUCATION:

Over 75 Sessions covering the following areas:

Coaches Education – Sessions covering popular topics for the developmental through elite gymnastics coach. Learn from leaders in the gymnastics community.

Recreational Education – A recreational track covering programs for tots through teens; be the best instructor in your gym!

Business Education – Sessions covering marketing, managing your business, staff retention and more.

Judges Education – Sessions covering compulsory, optional and elite judging criteria and technique.

Other – Men’s, Rhythmic, Sports Science and more.

Registration will begin on January 16, 2008. Online Registration will be available for members and printable forms will be available for all others at www.usa-gymnastics.org

<u>COST</u>	<u>Early Bird</u> (Ends August 23)	<u>Regular Price</u> (Ends October 9th)	<u>On-site</u> <u>Registration</u>	<u>Full Dinner</u> <u>Banquet</u>
Professional, Jr. Pro & Instructor Members	\$145.00	\$175.00	\$200.00	\$25.00
Other Member Types and Non – Members	\$175.00	\$205.00	\$230.00	\$25.00
Member Clubs*	1st – \$145.00 2nd - \$135.00 3rd - \$125.00 4th - \$115.00 5th - \$105.00 6th or more - \$100.00	1st – \$175.00 2nd - \$165.00 3rd - \$165.00 4th - \$155.00 5th - \$155.00 6th or more - \$145.00	N/A	\$25.00/ea

*This offer is only available to Professional, Jr. Pro and Instructor Members affiliated with a Member Club. Members of a Non-Member Club would pay full rate.

HOUSING

A block of rooms has been reserved. Call by September 30, 2009

**National Travel Systems Sports Travel Team
6502 Slide Rd/Suite 404
Lubbock, TX 79424**

Toll Free: 1-888-603-8747; Main Line: 806-794-3135

Email: sportsinfo@nationaltravelsystems.com website: www.ntssportstravel.com

Single/Double Rate of \$115.00

Any reservations after the cut-off date will be based strictly on availability.

**DoubleTree Hotel Virginia Beach
1900 Pavilion Dr.
Virginia Beach, VA 23451**

Please check the USA Gymnastics website – www.usa-gymnastics.org for a detailed daily schedule/speakers – coming soon. Minimum age for Congress attendees is 16.

There is a \$30.00 cancellation fee up until October 9th; no refunds after October 9th. (Substitution of participants will be allowed until October 9th if submitted in writing.)