



2009 FREEDOM CUP

July 10 – 12, 2009
St. Paul, MN. USA

WORK PLAN

Organizing Committee:

USA Gymnastics

Acrobatic Gymnastics
132 E. Washington St.
Suite 134
Indianapolis, IN 46204
USA

Event Director: Tom Housley

Office Phone: +1 317 829 5643; Mobile Phone: +1 765 744 9598
Fax: +1 317 237 5069
E-mail: thousley@usa-gymnastics.org

Accreditation, Accommodations & Transportation: Karey Clock

Office Phone: +1 317 829 5651; Mobile Phone: +1 317 529 1230
Fax: +1 317 237 5069
Email: kclock@usa-gymnastics.org

Freedom Cup Superior Jury:

President – Irina Nikitina (RUS)
Member – Tonya Case (USA)
Member – Jola Jones (USA)

CJP – Kari Duncan (USA)

Competition Venue:

RiverCentre/Roy Wilkins Auditorium
175 W. Kellogg Blvd.
Saint Paul, MN 55102

Official Programme: See attached schedules. Warm-up for each session of competition is on the warm-up floor. There is no touch on the competition floor.

Official Hotels:

Crowne Plaza St. Paul Riverfront
11 East Kellogg Blvd.
St. Paul, MN 55101

2009 Freedom Cup Workplan



Meals: Breakfast, lunch and dinner meals are included with the accommodations package booked through the Organizing Committee. All meals will be served at the Crowne Plaza Hotel. Meal Service will begin with lunch on July 7th. Times are listed on the schedule.

At accreditation, each delegation, who booked through the Organizing Committee, will receive a credential providing access to Breakfast, Lunch and Dinner each day.

Transportation: Transfers by bus to and from the Minneapolis/St. Paul (MSP) airport to the official hotel will be provided to each international delegation that booked their accommodations through the Organizing Committee and has notified Tom Housley of travel itineraries. US pair-groups are responsible for transportation to and from the airport. The host hotel (Crowne Plaza) is within walking distance (5 minutes) of the venue and therefore transportation to and from the host hotel and venue will not be provided.

Upon arrival, a competition representative will greet each international delegation, who booked through the Organizing Committee. A Welcome Desk is located near baggage claim 14 – look for the Freedom Cup logo. Baggage claim is the meeting area for arrival pick-up.

Karey Clock, Delegation Manager, will provide a departure notice to each delegation. The departure notice will provide you with your departure time from the hotel. Departure times are confirmed accreditation.

Accreditation: The Accreditation and Information Office will be located at Crowne Plaza Hotel. Consult the schedule for Accreditation & Information Office hours.

Head of Delegation required to verify the correct spelling of names, verify accommodation requirements, make any necessary payments, present national anthem, 2 flags (4x6 & 5x8), submit competition music, provide proof of insurance, verify departure times, and submit tariff sheets for each pair-group.

Passports for all competitors and judges must also be presented at this time.

All participants and officials are required to obtain and wear credentials at all times. Credentials ensure proper access to training and competition facilities, transportation, and cafeteria. Accreditation is required for access to the Freedom Cup Closing Party.

The fee to replace a lost credential is \$50.

2009 Freedom Cup Workplan



Orientation Meeting: The HOD Meeting and Reception is Thursday, July 9 from 22:00-24:00 in the Crowne Plaza Hotel, Windows on the River Room. The meeting is for Head of Delegations and Head Coach. The VIP reception will take place after the meeting.

Daily information and results are in respective mailboxes in the Accreditation Office. Each delegation head is to check the appropriate mailbox each morning and evening for daily updates, memos, and results following competition. The delegation mailboxes are for head of delegation/head coach only.

Tariff Sheets: Tariff sheets must be turned in at accreditation. The last deadline to submit tariff sheets is Thursday, July 9 at 19:00. Late submissions will incur a penalty of 0.3 from the competitor's start value per routine. One copy of each tariff is required.

Minor changes to tariff sheets may be made with the DJ up to one hour before the start of competition. Tariff sheets for finals are due to the Superior Jury within one hour of the conclusion of preliminary competition.

Coaches may review tariff sheets with the CJP and DJ on Thursday, July 9 from 10:00 – 12:00 at the Roy Wilkins Auditorium.

Competition Draw: The starting order was conducted by random draw. Start lists will be provided at accreditation.

Competition Format: **Age Group Competition (11-16)**

Qualification: 1 Balance & 1 Dynamic Exercise
Finals: Top 8 pair-groups from preliminaries proceed to finals. Athletes choose Balance or Dynamic Exercise (Finals order is determined by draw, scores starting from zero).
Rules: FIG 11 – 16
Medal: All-around (1)

Age Group Competition (12-19)

Qualification: 1 Balance & 1 Dynamic Exercise
All-Around: Top 8 pair-groups from preliminaries proceed to finals. Sum of all three routines (B+D+C=All-Around).
Rules: Difficulty per FIG rules 12-19 (Preliminary)
Medals: Balance, Dynamic, All-Around (3)



Senior (12+)

Qualification: 1 Balance & 1 Dynamic Exercise
All-Around: Top 8 pair-groups from preliminaries proceed to finals.
Sum of all three routines (B+D+C=All-Around).
Rules: Difficulty per FIG Senior rules
Medals: Balance, Dynamic, All-Around (3)

World Cup

Qualification: 1 Balance & 1 Dynamic Exercise
All-Around: Top 8 pair-groups from preliminaries proceed to finals.
Sum of all three routines (B+D+C=All-Around).
Rules: Difficulty per FIG Senior
Medals: Balance, Dynamic, All-Around (3)

Opening Ceremony: The Organizing Committee kindly requests all competitors to participate in the Freedom Cup Ceremony to take place Sunday, July 12. The federation or club team warm-up must be worn. Details will be given at the Head of Delegation Meeting.

Awards: Maximum 8 pair-groups advance to finals with no limit per country/club. Competition leotards must be worn for the award ceremony, per FIG rules. Age Group 12-19 and Senior, an individual event award (Balance & Dynamic) will be presented after each session of competition on Friday, July 10 and Saturday, July 11. All-around award for all age categories will be given after session of competition on Sunday, July 12. See schedule.

World Cup Athletes - if there are less than four countries in a category, no medals, prize money and World Cup Points will be awarded.

Judges: There will be a meeting for all judges on Thursday, July 9 from 18:00 – 19:00 at the Roy Wilkins Competition Venue. Additionally, judges will meet 30 minutes prior to each competition session. See schedule – Judges Meeting. Attendance is mandatory for all judges meetings.

Judging panel assignments will be given during the official Judges Meeting on Thursday, July 9. The meet will be officiated through the use of one panel of judges (see venue layout).

Leotard Check: Thursday, July 9: 17:30 – 18:00 by the Superior Jury located in the Roy Wilkins Auditorium – Judges Room.

Size Measurements: Size Measurements will be conducted, Thursday, July 9. Each pair-group is to report to the Technical Area immediately following the first training session on Thursday. Dr. Jay Binder will measure each pair-group per FIG rules. Size measurements are mandatory. HOD and/or Head Coach are to report with the pair-group and provide copy of passport for each pair-group (See schedule).

Equipment (floor): AAI spring floor – see venue layout

2009 Freedom Cup Workplan



- Medical Staff: A physician, athletic trainer and EMT are available throughout the duration of the event. Medical tent is between the training floor and warm-up floors.
- USA Physician: Dr. Jay Binder
USA Athletic Trainer: Bobby Boswell
- Music: Each competitor must bring two copies of competition music. One copy of music is required at accreditation. This music will be used for training and competition. Music is to be labelled with athlete's name, exercise, and country/club.
- Insurance: It is the responsibility of each participating federation to have the appropriate medical insurance for all team members. A copy of insurance coverage must be provided at accreditation.
- Anthem & Flag: All participating federations are kindly asked to bring 2 (two) National Flags (4.6; 5x8) and National Anthem and present them at accreditation.
- Video Recording: All routines will be recorded on video and will be available for purchase during and following the event. An order form is placed in your mailbox.
- Closing Party: The Freedom Cup Closing party is set for Sunday, July 12 from 22:00 – 1:00 at the Crowne Plaza Hotel. **Access is for accredited persons only.** Credentials are required for access to the closing party. Parents and other visitors who purchased tickets for the closing party must present CP Ticket for entry. Anyone age 21 and over will need to provide picture identification. Dress for the closing party is casual. Closing Party tickets are for sale at the accreditation office. Tickets are \$40 each.
- Competition Tickets: Tickets for the Freedom Cup are \$50 for an all-session package and \$15-25 for a single-day ticket and are available at the Xcel Energy Center Box Office, all Ticketmaster locations, and charge by phone at (800) 745-3000 or online at www.ticketmaster.com.