



WINTER WINNER

Hagerty wins all-around at 2009 Winter Cup Challenge

Photo - Steve Lange



Twenty-six-year-old Joseph Hagerty is from Rio Rancho, N.M., but now trains at the U.S. Olympic Training Center in Colorado Springs. In his first competition since helping team USA win the bronze medal at the Olympic Games, Hagerty won the all-around

at the 2009 Winter Cup Challenge held in Las Vegas, Nev. He also won titles on floor exercise and tied for first on parallel bars.

When asked how he felt to win the Winter Cup Challenge, Hagerty said, "It felt really good. This was my first competition since coming back from the Olympics so I didn't know what to expect. I just took it one routine at a time and it all worked out. I made all of my routines. I could fix a few things and improve upon my sets but overall I was pleased with everything. I've only been doing routines for about a

month - we started routines right after the holidays so I was very happy with how well it went."

Hagerty, who is coached by Vitaly Marinitch and Alex Shchennikov, said most of his routines were the same as during the Olympic Games with the exception of his floor routine. "I changed around my floor routine a little bit because of the new rules in the Code of Points," said Hagerty.

Most recently Hagerty placed third all-around at the Tyson American Cup and won the floor title. He also tied for second on parallel bars, tied

for third on pommel horse and was third on high bar.

Hagerty and the rest of the U.S. Olympic Training Center gymnasts train twice a day from 9 a.m.-12:00 p.m. and 3-6 p.m. On Thursdays they have just one practice from 10:00-11:30 and Saturdays 10 a.m.-12 p.m.

When he's are not in the gym he and his OTC teammates hang out in their rooms, play video games, watch movies, and go out for sushi about once a week! ✨